### <u>Khiraule Education and Health Project</u> Newsletter 3 – May 2014 updated in July (4 pages)

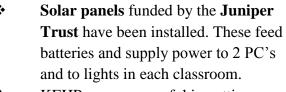
We have achieved a tremendous amount since our last newsletters in 2011 and 2012. Our co-founders Pat and Lhakpa have visited Khiraule on numerous occasions and Lhakpa has just returned from two trips to Khiraule where he has been monitoring and supervising work on our current programme. Note that all visits to Khiraule are funded by the individuals themselves.



- The Khiraule Education and Health Project (KEHP) was formed in May 2011 and now has 37 members and many donors.
- We are a Registered UK Charity (no 1149503) and are able to claim back Gift Aid from HMRC for any payments made by UK taxpayers.
- We now have a website <u>www.khiraule.org.uk</u> where you can get more information and updates on events.
- We have taken a trial subscription to <u>www.justgiving.com</u> for those who wish to raise money by sponsor events – see page 3.

**Developments in Khiraule** 





 KEHP were successful in getting a
Rotary International Award and work has started to level the playground area, install a boundary wall, 4 additional toilets and a water supply, and build display boards and office furniture, plus supply books.



- KEHP are constructing a new building with 5 rooms for a nursery, a Health Clinic and a Library.
- A Health Clinic is currently being built by KEHP. We will be funding the training for a Health Worker to midwife level, providing the equipment and supplies for the clinic, and will be paying the annual salary of the Health Worker.

- KEHP has now achieved its aim of providing a Lower Secondary School for Khiraule once the current building work has been completed.
- We continue to **fund 3 additional teachers** at the school to supplement those funded by the Nepal Education Authority, and will need to fund more teachers in the near future.



Stone for building



Wood for building being dried

#### **Future Plans**



**Planning meeting** 

#### **Membership**

• To recruit and train a resident health worker for the village to coincide with the newly built clinic room.

• To supply the new clinic and health worker with medical equipment and supplies.

• To fit out the inside of the new building and furnish it.

• To continue to fund additional teachers.

Membership has been a great fund raiser and helps us to plan ahead because we know the amount coming in for the year ahead. The minimum amount per year is £15. Payment can be made monthly or annually. Please see the application forms below.

#### AGM 2014

This was on Saturday 14<sup>th</sup> June 2104 at Barbon Village Hall including afternoon tea. Our Trustees'Annual Report and our Annual Return to the Charity Commission are being issued.

#### Fund Raising

## It is important to note that all funds raised are spent directly on our work for Khiraule and that we have no overhead charges or administration costs.

Our funds come from membership payments, individual donations, applications to funders such as charitable trusts and individual fund raising events such as slide shows, concerts, table top sales and YHA hostel weekends plus of course Gift Aid tax back from HMRC for any tax payers who agree to this. *A few of our fund raisers are listed below as examples which others might follow*.

• Rock for Nepal Concert in Barbon

For several years Pat has held this concert in her village (Barbon) with a top class band and top class food – some catered and the puddings all donated. This year the event is on  $20^{\text{th}}$  Sept 2014. Please contact Pat on 01524 276422 for information and tickets.

- *Rock for Nepal Concert in Leeds* This has been held for the past two years thanks to a great group of supporters in Leeds. It is held in March and is a great night out with live music and supper included. Please see our website for details nearer the time March 2015.
- YHA Hostel weekends

We had successful weekends at Coniston Coppermines Hostel in March 2012 and at Caldbeck in May 2013 – we provided accommodation, meals, guided walks and fellowship for a single price to include some fund raising. We are planning another in 2015. Please see our website nearer the time for details (around May 2015).

• Concerts at Mungrisdale Village Hall

Henry's All Stars also known as The Teesside Showband gave a fund raising concert last Sept and will return again on 6th Sept 2014 – for tickets call Bill on 01539 722007 or Brian on 01768 779640

- *Soroptimists International* They raised £1,000 for KEHP.
- Just Giving

If you want to make a donation to KEHP please make it direct to us and use the attached form to Gift Aid it if you can. But if you would like to run a marathon and or walk across Morecambe Bay etc. and have friends-sponsor-you-online <u>please contact us</u> about using <u>www.justgiving.com</u> choosing KEHP as your nominated charity. We have trialled this - so far one London marathon runner alone raised nearly £500 including gift aid. We may need to reactivate membership if someone favours this method.

• Rotary Clubs in Kendal area

Five Rotary clubs in the Kendal area have raised funds for us themselves. They have also successfully obtained funding for us from the International Rotary Foundation for funding to provide improved water supply and toilets, improved playground and retaining walls, and display boards, office furniture, text books and hygiene education.

# \*\*\*PLEASE CONTACT US WITH ANY IDEAS OR OFFERS OF FUND RAISING\*\*\* \*\*\*WE CAN SUPPLY LEAFLETS FOR ANY FUNDRAISING EVENT\*\*\* Khiraule Education and Health Project, Barbondale Cottage, Barbon, Carnforth, LA6 2LS Tel: 01524 276422 email: info@khiraule.org.uk www.khiraule.org.uk

3

Khiraule Education and Health Project	Khiraule Education and Health Project
Membership and Donation Form	Standing Order Mandate
and Gift Aid One person per form please	One person per form please
Name	Your Bank Name
Address	Bank Address Post
Post Code	Code
Phone	Bank sort codeYour account
email	Your account name
Membership amount (min £15 per year)	Please pay: NatWest Bank, sort code 01-04-66
Single donation amount	Account No 33650845 Account name K.E.H.P.
Cheque Cash Online* Stdg Order*	The amount of: £per month*/*year,
Payable to "K.E.H.P." *see mandate form for bank details	starting(date)
Yes I would like KEHP to claim <b>Gift Aid</b> on any donations I have made in the last 4 years and on any I will make in the future until further notice. I confirm that I pay sufficient UK Income/capital gains tax to cover any tax that	*please delete one Quote Payee Ref: KEHP Membership or KEHP Donation
KEHP will reclaim from my donations.	Date Signature
DateSignature	PLEASE SEND THIS FORM AND YOUR MEMBERSHIP AND DONATION FORM TO KEHP. WE WILL SEND THE FORM ON TO YOUR BANK AFTER REGISTERING YOUR DETAILS. WE WILL NOT DIVULGE YOUR PERSONAL DETAILS TO ANY THIRD PARTY.
Khiraule Education and Health Project, Barbondale Cottage, Barbon, Carnforth, LA6 2LS Tel: 01524 276422 email: info@khiraule.org.uk	Khiraule Education and Health Project, Barbondale Cottage, Barbon, Carnforth, LA6 2LS Tel: 01524 276422 email: <u>info@khiraule.org.uk</u>

www.khiraule.org.uk

www.khiraule.org.uk