

Khiraule Education and Health Project

Newsletter 15– July 2015

Reg Charity No 1149503



Lhakpa Sherpa and his wife Pat (our Chair and Secretary and cofounders of KEHP) took 10 Trekkers up to Khiraule in November 2014 to see the progress on our building project and to take part in some of the work. A tremendous amount had been achieved since KEHP's building work commenced in May 2014 on four additional classrooms and a room for a clinic. In April 2015 when Lhakpa return all the work had been completed including the extra toilets, wall display boards, playground levelling, and a supply of drinking water, all funded by Rotary International. Please see photos on our website of how it looked before and

after the work.



Building Work

This extensive building work was done by the local people of Khiraule. This is a tremendous achievement in such a remote area, where everything has to be carried and done by hand, as it is many days walk to the nearest road and there is no electricity in Khiruale. KEHP are most appreciative of all their hard work and time. None of this would have been possible without the work of the two Project Supervisors Gombu Sherpa and Jangbu Sherpa who did a remarkable job ensuring both Projects were done efficiently and effectively. A huge Thank You goes to both of them from KEHP. Also KEHP are indebted to our Chair Mr Lhakpa Sherpa without whom none of this work would have been possible. He has done an incredible job in organising, running, and ensuring work on both projects has been done to a high standard and within an extremely good timescale.



KEHP are most grateful to the following for their contributions towards the cost of the building work: Rotary Club of Kendal, The Quakers of Acomb York, and a bequest from the late Ellie Maquire, together with considerable donations from our many supporters.

Everyone was overwhelmed at the tremendous welcome they received from the people of Khiraule. All the children, teachers, and parents were delighted with the support they have received from KEHP and put on a fabulous welcome party of Sherpa and Nepali dance and song together with a very moving farewell ceremony at the school.



Kendal Rotary Club and District Rotary, led by Philip Hoyle, also provided money for various items the School Committee identified were needed. These were taken up to Khiraule and presented to the School. Please see the photos on our website.

Kathmandu Thamel Youth Rotary Club led by Tshering Sherpa collected a considerable amount of second hand books and sports equipment for the new school library and sports. This was also presented to the school staff who were most grateful for this contribution.

Many porters were needed to carry all this equipment up to the school for five days, trekking up and down very strenuous steep ascends and descends.

In addition we fund 4 teachers at the school to supplement those funded by the Nepal Education Authority.

The Clinic

The Clinic room has now been built and KEHP will buy equipment for it and aim to fund the training for an Assistant Nurse Midwife, and pay the annual salary. This is financially supported by Morecombe Soroptomists, the Leeds "Rock for Nepal" Group, and a bequest by the late Richard Crossley, OBE, as well as KEHP.

Earthquake Update

The KEHP building work and Rotary International Project was completed five days before the earthquake struck Nepal on 25th April 2015, with all its horrific consequences for Nepal and so many people across Nepal. Many schools in Nepal have been badly damaged or totally

destroyed. However, Khiraule school is still able to operate though slightly damaged. The room for the Clinic has not been damaged.

Khiraule was very fortunate as no one in the village has been injured but sadly two young climbing Sherpas from the village died on Everest when the avalanche of ice and rock hit base camp. Many of the houses in Khiraule are now uninhabitable due to large cracks making them unsafe to live in, with others damaged requiring urgent assessment of what assistance is needed. Lhakpa was in Kathmandu when the earthquake struck and was able to get sufficient



tarpaulins for Khiraule from different sources in Kathmandu. He arranged for them to be transported to the road head, from where five Sherpas had to carry them for three days over mountainous terrain up to Khiraule. The monsoon has started but thankfully they now all have adequate shelter.

After the monsoon in October it will be possible to start assisting the people in Khiraule to rebuild their houses.

We are in the process of adding a new 'objective' to our constitution to enable us to assist with the earthquake relief in Khiraule. We have been fund raising and have been overwhelmed by people's kindness and generosity at this very difficult time for Nepal and in particular Khiraule.

We wish to thank all those who have supported KEHP over the years and enabled us to build the Lower Secondary School, a Clinic Room, and fund four teachers a year. This achievement shows how successful we are at getting things done for Khiraule and we are committed to aim to do the same to help people in Khiraule rebuild their houses. Please note we have no administration costs and all the money raised goes to Khiraule. All flights from the UK to Nepal are done at the individual's own expense.

If you wish to donate to support our earthquake relief for Khiraule you can:

1. Send cheques made payable to KEHP to Barbondale Cottage, Barbon, Via Carnforth, Lancs. LA6 2LS.
2. Arrange a Bank to Bank transfer to KEHP at Nat West Bank sort code 01-04-66 Account No 33650845.
3. Or through www.justgiving.com/KEHP

Future Plans

1. To continue to fund additional teachers.
2. To equip the new clinic, train an Assistant Health Worker, and pay the annual salary for the AHW.
3. To assist the people of Khiraule with repair and/or rebuild of their houses due to the damage caused by the recent earthquakes.
4. To repair and/or rebuild earthquake damaged walls on the older part of the school.

Membership

Membership has been a great fund raiser and helps us to plan ahead because we know the amount coming in for the year ahead. The minimum amount per year is £15. Payment can be made monthly or annually. Please see application forms on our website

AGM 2015

This is at 2.0 on Saturday 18th July 2015 at Barbon Village Hall, Barbon, Near Kirkby Lonsdale. It includes afternoon tea. Members please call **Pat on 01524 276422 if you plan to come and have not already let her know.**

Fund Raising

It is important to note that all funds raised are spent directly on our work for Khiraule and that we have no overhead charges or administration costs.

Our funds come from membership payments, individual donations, applications to funders such as charitable trusts and individual fund raising events such as slide shows, concerts, table top sales and YHA hostel weekends plus of course Gift Aid tax back from HMRC for any tax payers who agree to this. ***A few of our fund raisers are listed below as examples which others might wish to follow.***

1. "Rock for Nepal" in Barbon Village Hall

For the past six years Pat has held this concert in her and Lhakpa's village hall (Barbon) with a top class band "The Brit Rocks" and good food. This year the event is on **19th September 2015. Please contact Pat on 01524 276422 for information and tickets.**

2. "Rock for Nepal" in HEART Community Centre, Headingley, Leeds

For the past three years a group of supporters in Leeds have held a live music and supper event in Headingley, Leeds. This is a great night out and is on **5th March 2016. Please see out website for details nearer the time.**

3. Hostel Weekends – Lake District

We have successfully held a number of Youth Hostel Weekends in the Lake District and our recent one in June at St John's In The Vale, Nr Keswick was a great success. We

will aim to book it again for next year. **Please see our website for details nearer the time.**

4. The Teesside Show Band

This Band have generously given a number of concerts for KEHP and the next one is on **5th September 2015 at Kendal Town Hall. Tickets and information are available from The Brewery, Kendal or by contacting Bill on 01539 722007.**

5. Just Giving

If you want to make a donation to KEHP please make it direct to us and use the attached form to Gift Aid it if you can. But if you would like to run a marathon or walk across Morecambe Bay etc. and have friends-sponsor-you-online please use www.justgiving.com/kehps and choose KEHP as your nominated charity. We are having a trial three month period to see how cost effective this is as they charge per month to use it plus a percentage charge on the Gift Aid. One London Marathon runner raised over £500.

6. Fund Raising Organizations

A number of organizations have kindly raised funds for KEHP such as **Rotary Clubs, Soroptomists, Quaker Meeting House in York, Schools, Churches, WIs**, etc. If you know of an organisation who would like to do the same please contact Pat our Secretary for details on **01524 276422**. Presentations can be given at any of your fund raising events by contacting KEHP.

*****PLEASE CONTACT US WITH ANY IDEAS OR OFFERS OF FUND RAISING*****

*****WE CAN SUPPLY LEAFLETS FOR ANY FUNDRAISING EVENT*****

Khiraule Education and Health Project
BarbondaleCottae, Barbon, Via Carnforth, LA6 2LS
Tel. 01524 276422 email: info@khiraule.org.uk
www.khiraule.org.uk

Khiraule Education and Health Project

**Membership and Donation Form
and Gift Aid**

One person per form please

Name.....

Address.....

..... Post Code.....

Phone.....

email.....

☐ Membership amount (min £15 per year).....

☐ Single donation amount

☐ Cheque ☐ Cash ☐ Online* ☐ Stdg Order*

Payable to "K.E.H.P." *see mandate form for bank details

☐ Yes I would like KEHP to claim **Gift Aid** on any donations I have made in the last 4 years and on any I will make in the future until further notice. I confirm that I pay sufficient UK Income/capital gains tax to cover any tax that KEHP will reclaim from my donations.

DateSignature.....

Khiraule Education and Health Project,
Barbondale Cottage, Barbon, Carnforth, LA6 2LS
Tel: 01524 276422 email: info@khiraule.org.uk

Khiraule Education and Health Project

Standing Order Mandate

One person per form please

Your Bank Name.....

Bank Address.....

..... Post Code.....

Bank sort code.....Your account

Your account name

Please pay: NatWest Bank, sort code 01-04-66

Account No 33650845 Account name K.E.H.P.

The amount of:

£per month*/*year, starting(date).....

***please delete one**

Quote Payee Ref: KEHP Membership or KEHP Donation

Date Signature.....

**PLEASE SEND THIS FORM AND YOUR MEMBERSHIP AND
DONATION FORM TO KEHP. WE WILL SEND THE FORM ON
TO YOUR BANK AFTER REGISTERING YOUR DETAILS. WE
WILL NOT DIVULGE YOUR PERSONAL DETAILS TO ANY
THIRD PARTY.**

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